Mikvah a must?
Posted by shermy120318 - 28 Jun 2011 00:01

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Hey I been struggling with masturbation as far back as I can remember,I'm 19 now ....

When I lose control I always feel like I need the mikvah to start new again...

My question is does the mikvah really help you get back on track after masturbation? or is it all in the mind?

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Re: Mikvah a must?
Posted by Blind Beggar - 07 Jul 2011 05:58

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Im yirzeh Hashem bei you also bekorov.

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