

Slowly but surely, Rising Up once again  
Posted by Rising Up - 16 May 2011 03:55

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What a long journey the past month has been!! It all started off with a successful streak of 83 days coming to an end via the Y"H's trickery. I fell and I fell hard. Real hard. In fact, I fell farther than I had ever in the past. I gave up on GYE, not wanting to truly feel my lack of success as a measurement of my effort. Not realizing that the work put in shall never be lost. Weakened by my fall, I continued to self-destruct, coming very close to boundaries which I had no intention of ever crossing. I fell to depths that I wish I had not. Hopelessly I tried to reach out after my initial fall, but by then I was doomed. Over a long and painful YomTov I suffered and acted out time and time again. Pain. The feeling of loneliness, the feeling of failure. Deterred by a lack of success, I looked to seek fulfillment in my old ways. Falling farther than I had ever done before, I was awoken to the realization of where I had gone. With what little strength I had left I looked for somewhere to go. Not an SA or SLAA meeting to be found where I live. Falling once again that night, I realized that I had forgotten that there was a third organization, SAA, which was also similar to SA. Although they professed a slightly altered version of abstinence, I decided that they were nevertheless the only address. Arriving at a meeting the very next Sunday, I felt a sudden return of will in myself. After the meeting was over I spoke with the leader of the group for a while, hearing great words of wisdom, unspoken truths about myself and hope for the future. Since then, although it has been a long road I have felt stronger each day. Over time I realized my errors, and daily I work to correct my true self. To change who I am, not just what I do. And although the battle is still long, I feel the strength to return to GYE is within me. That same feeling that I had 1 month and 83 days ago, is back.

Rising Up

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Re: Slowly but surely, Rising Up once again  
Posted by Blind Beggar - 16 May 2011 05:11

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Welcome back, brother!

We all love you and we all want to see you post about your problems, post away other people's problems, and rise up the top of the 90 Day Chart one inch at a time.

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Re: Slowly but surely, Rising Up once again  
Posted by geshertzarmeod - 16 May 2011 06:45

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Welcome back!!!

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Re: Slowly but surely, Rising Up once again  
Posted by ZemirosShabbos - 16 May 2011 19:32

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it's great to see you back RU

here's to many more uprisings, in good health and good cheer!

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Re: Slowly but surely, Rising Up once again  
Posted by lookingforwisdom - 16 May 2011 20:05

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Welcome back this time you're here to stay. 1 day out of 83 at a time

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Re: Slowly but surely, Rising Up once again  
Posted by Rising Up - 17 May 2011 04:26

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ODAAT is right. Today I succeeded!!!!

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Re: Slowly but surely, Rising Up once again  
Posted by Eye.nonymous - 17 May 2011 05:55

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[RisingUp wrote on 16 May 2011 03:55:](#)

Arriving at a meeting the very next Sunday, I felt a sudden return of will in myself. After the meeting was over I spoke with the leader of the group for a while, hearing great words of wisdom, unspoken truths about myself and hope for the future.

Sounds like you're on the way up again. Welcome back.

--Eye.

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Re: Slowly but surely, Rising Up once again  
Posted by im not alone - 17 May 2011 18:41

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Dear leader, Fellow brother

**welcome back** I really missed you much

may hashem be with you

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Re: Slowly but surely, Rising Up once again  
Posted by Yosef Hatzadik - 17 May 2011 19:32

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Re: Slowly but surely, Rising Up once again  
Posted by Rising Up - 18 May 2011 00:25

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Thank you to all!!! These words of encouragement mean so much to me. I have begun to take part in DuvidChaim's daily calls and I find them quite fascinating. I currently have so much college work to do that spending serious time anywhere in the near future would be detrimental to me. I will continue to post over the next few weeks and then hopefully pick up the pace gradually as I finish college for the summer. WOW Its so great to be back!!!!!!

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Re: Slowly but surely, Rising Up once again  
Posted by Eye.nonymous - 18 May 2011 06:18

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[RisingUp wrote on 18 May 2011 00:25:](#)

I have begun to take part in DuvidChaim's daily calls

Good move.

--Eye.

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Re: Slowly but surely, Rising Up once again  
Posted by silentbattle - 18 May 2011 16:12

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Sounds like a good start. Keep it up, and remember to enjoy every day of being clean!

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Re: Slowly but surely, Rising Up once again  
Posted by Rising Up - 18 May 2011 19:05

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ODAAT

Just a reminder to myself while doing computer work for the next 48 hours (minus davening and first seder, not minus sleeping).

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Re: Slowly but surely, Rising Up once again  
Posted by Rising Up - 19 May 2011 05:41

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Letting go!! and going to sleep!!!

ahhh.... so much to do so little time!

I WILL ACCOMPLISH MY GOALS!!!!!!!

now back to the addiction part.

Staying up this late to do work is toxic. end of story.

good night!!!

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Re: Slowly but surely, Rising Up once again  
Posted by im not alone - 19 May 2011 13:31

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[RisingUp wrote on 19 May 2011 05:41:](#)

now back to the addiction part.

Staying up this late to do work is toxic. end of story.

good night!!!

staying up this late and staying focused to overcome this, is **bravery**

keep it going

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