

while asleep

Posted by shomerbris - 01 May 2011 06:40

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gut voch, everyone.

I wanted to know whether I should count this as a slip or a fall--I'm inclined to count it as a slip. I spilled seed while I was asleep, and woke up immediately after this occurred. I want to call this accidental, but I know that it was at least partially my own fault, since I had treif thoughts before falling asleep. And I still remember the dream I had while this occurred, which was also treif--but hey, I wasn't fully conscious while asleep. However, I hold that the fact that I had a dream with treif content (and hence wasted seed) is most likely the result of my treif thoughts before falling asleep and thus my own fault. --so is this a slip or fall? I want to say slip. (for purposes of the 90day chart)--I'm not yet on the chart because I'm only clean as of April 28. The aforementioned occurrence was on April 30 (Shabbos morning). Aside from it, I'm still clean from the 28th.

And even with all of this considered, I recognize that I nonetheless incurred the spiritual damage from this--whether or not it was intentional. I made the declaration specified in Kitzur Shulchan Aruch, chapter 151, paragraph 5.

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Re: while asleep

Posted by shomerbris - 01 May 2011 06:46

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Also, I noticed that at the bottom of my post, my IP address is displayed. If possible, I'd like to hide it--how do I do that?

Thanks in advance to anyone who posts!

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Re: while asleep

Posted by DesertLion - 01 May 2011 07:38

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Hey Shomerbris,

If it was a wet dream then there's it's not even a slip since you can't really control them. If you were indulging in porn during the day that led to lewd thoughts at night then you are at fault, but if that's not the case then there's nothing to worry about in my opinion.

Also, do you feel physically drained after emitting seed and did you touch yourself in any way during your sleep? A natural wet dream should not leave you feeling any weaker than before.

TC,

DL

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Re: while asleep

Posted by shomerbris - 01 May 2011 08:23

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@DesertLion

Thanks for your reply! In that case, it was (at most) a slip.

[DesertLion wrote:](#)

If it was a wet dream then there's it's not even a slip since you can't really control them.

That was indeed the case.

[DesertLion wrote:](#)

If you were indulging in porn during the day that led to lewd thoughts at night then you are at fault

I have not seen p\*\*\* since 3 days before the occurrence. However, I (through my own bechira) had lustful thoughts right before I fell asleep that time.

[DesertLion wrote:](#)

do you feel physically drained after emitting seed and did you touch yourself in any way during your sleep? A natural wet dream should not leave you feeling any weaker than before.

This time I did not feel drained in any way--actually was strong, as in I really felt angry about it. I always sleep with my hands above (at least) my waist, often adjacent to my head. (I sleep on my stomach, though--I know that's assur, but it's a habit formed ages ago.)

So then I'll conclude it was a slip because, as you say, I "can't really control them." But that would mean that it was ratzon Hashem, which is an even weirder question.

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Re: while asleep

Posted by ben durdayah - 01 May 2011 09:42

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A wet dream is not a fall.

Your IP address is seen only by you or moderators.

Hatzlacha,

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Re: while asleep

Posted by Kedusha - 01 May 2011 15:34

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A wet dream is neither a slip nor a fall.

Regarding lying on your stomach, aside from the Halacha, there's a common sense reason not to (consciously) do that - Hameivin Yavin.

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Re: while asleep

Posted by shomerbris - 01 May 2011 21:28

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thanks!

what does "Hameivin Yavin" mean?

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Re: while asleep

Posted by Kedusha - 01 May 2011 23:03

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It means "one who understands [i.e. who has an understanding mind] will understand [the point being made]."

Here is my point: Chazal say that a man should neither go to sleep on his back nor on his stomach. Apparently, going to sleep on one's back is more likely to lead to Zera L'vatala than going to sleep on one's side. I'm not sure why, but I'll take Chazal's word for it. When it comes to going to sleep on one's stomach, however, common sense dictates that this can lead to Zera L'vatala.

By the way, Chazal were only talking about what position to be in when going to sleep. Once we're already sleeping, we are not held responsible if we change positions.

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Re: while asleep

Posted by shomerbris - 02 May 2011 04:02

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Thanks, Reb Kedusha.

btw--had a slip earlier today, but now I'm clean for 4 days. L'chaim!

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Re: while asleep

Posted by Dov - 02 May 2011 05:08

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Stop looking at porn, period...for starters. You do not need to.

Just a thought.

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Re: while asleep

Posted by 5770 - 03 May 2011 01:53

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ok maybe its just because i am now officially past my sell-by date, but i have had two recent nighttime slips, which were quite intense but led to no emission...

The weirdest thing is that one of them actually involved my wife which is doubly amazing given the (cough) way she feels about me. And no before you ask I didn't wake up with a black eye.

but what is my responsibility here? zero porn and I am really avoiding doing any looking. I sleep on my side, always wake up on my back.

kol tuv

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Re: while asleep

Posted by mnman415 - 03 May 2011 02:06

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[Kedusha wrote on 01 May 2011 23:03:](#)

Apparently, going to sleep on one's back is more likely to lead to Zera L'vatala than going to sleep on one's side. I'm not sure why, but I'll take Chazal's word for it. When it comes to going to sleep on one's stomach, however, common sense dictates that this can lead to Zera L'vatala.

i think i know why.....wanna know or better off unsaid?

[Moderator's note: I removed your comments from the quote].

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Re: while asleep

Posted by Kedusha - 03 May 2011 14:09

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For now, please leave it unsaid. I'm not sure it would be a to'eles for me to know.

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Re: while asleep

Posted by Kedusha - 03 May 2011 14:11

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5770,

Those episodes sound like they were neither slips nor falls.

Keep up the great work!

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Re: while asleep

Posted by shomerbris - 03 May 2011 16:29

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[dov wrote:](#)

Stop looking at porn, period...for starters. You do not need to.

Just a thought.

That makes me wonder: how can one tell the difference between being a "dry drunk" and being sober? Is it merely the duration? I can imagine that one can be a dry drunk for bouts of a few days at a time (certainly happens with me), but I guess there's no such thing as being truly sober for a short period? Is that the difference?

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