HOW IS PURIM GOING TO AFFECT YOU??
Posted by realsimcha - 17 Mar 2011 14:38

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I've found over the years that "big days" on the calendar affect my staying clean. Sometimes the spirituality is a great boost, other times it just adds stress (change of schedule, exhaustion, the stress of being super spiritual...), and other times its the "day after" the big day that really kills me.

Wondering if anyone out there knows what I'm talking about, and can offer some idea about what we can do to make Purim the best day ever!!! L'chaim!

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Re: HOW IS PURIM GOING TO AFFECT YOU??
Posted by nezach - 18 Mar 2011 16:03

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I know what you mean. I have this 'issue' or anxiety each chag. and rosh chodesh.

It comes about b/c we have 'sensitive' souls, i.e. power for greatness. We must respect these auspicious times by learning about the basic lessons and events that take place, and try to think about its deeper messages (often related to sexuality).

Each time we reflect on this, it becomes our chance to rectify the foundation (tikun hasyasod).

Take extra measures, reinforce your fences, and be strong. be determined.

Shabbat shalom

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Re: HOW IS PURIM GOING TO AFFECT YOU??
Posted by realsimcha - 18 Mar 2011 17:22

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I think that it is also important to keep in mind that whatever happens is o.k. Sometimes we can feel all spiritualized and sometimes its slower in coming. Its not up to us to "decide" how much ruchnius we will feel. We have to "do" Purim as best as we can and let Hashem take care of the rest...No stress just "realsimcha"

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Re: HOW IS PURIM GOING TO AFFECT YOU??
Posted by Me3 - 18 Mar 2011 18:27

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Sometimes on Purim you get harried running around delivering shaloch manos back and forth all over town. So it's important to remember that whatever happens it's not in our control, we are powerless. Hashem, however, can do anything.....Hey! Wait one second, I read that somewhere else recently..

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