### הרב אהרן פעלדמאן RABBI AHARON FELDMAN 409 YESHIVA LANE, BALTIMORE, MD 21208 TeL.: 410-653-9433 Fax: 410-653-4694 Study: 410-484-7200 Ext. 114

Rosh Hayeshiva Ner Israel Rabbinical College

ראש הישיבה ישיבת נר ישראל בס"ד September 16, 2010 ה תשרי תשע"א

### TO WHOM IT MAY CONCERN:

There is an international scourge attacking the Jewish People: this is the widespread addiction to viewing inappropriate material and other related behaviors. Fueled mainly by the accessibility and anonymity of the Internet, this scourge threatens to tear apart the fabric of Jewish life and undermine one of its major foundations, that of *tzenius* and *kedusha* (moral restraint).

This addiction has spared no class of Jews: from teenagers to kollel members, from office workers to Rabbis, and from single to married men. Thousands of lives and marriages have already been ruined because of this relentless temptation.

The Guard Your Eyes organization has undertaken to stem this tide of destruction. By utilizing methods which have proved successful in treating other addictions, and by providing constant encouragement, support and strategies to victims, Guard Your Eyes has successfully helped wean hundreds, if not thousands, from these destructive addictions and has helped return them to normal life. All this has been done on a meager budget and with a great deal of self-sacrifice.

I have seen the materials and handbooks which this program distributes and have only praise for its methodology and approach to the problems of the addicts. Everything which I have seen conforms to the highest standards of Torah values. I highly recommend anyone who suffers from this problem to avail himself of this effective program.

In addition to aiding to overcome these addictions, Guard Your Eyes also performs a vital function in preventing the spread of this scourge by raising public awareness of its dangers and by offering various preventive measures.

Guard Your Eyes is the only weapon we have today at our disposal in dealing with this widespread problem. Their work is critical for the protection of the sanctity of the Jewish People and is worthy of the encouragement and financial support of every Jew.

May HKBH grant the Guard Your Eyes organization the wisdom, the strength and the means to continue and expand its holy work, and may it help return the Jewish People to becoming a nation regarding whom it is written, והתקדשתם והייתם קדושים ("Sanctify yourselves and you shall then be holy").

With deep respect, Main Feldina

ראיתי את מעשב. ש נשאור מיצר זהי יחצר את זכנק בויט א הייבן מנא זרו הבט כי בנו בבט מוא זרט שנתו

ר און הייך שרגא האגר (אדמו"ר מקאסוב) גא דישיא גיזיד לרטון דישיא אחן גא דישיא געוגניא און ארואיי געואק אזו העונשיא ליראיק לדי געטרט גורגע און גידק לדיני אלפיק נטאות גלרדג און תחתית, געני גינק לידק לידק ליואי געני געני לידק לידק ליואי געני געני לידק לידק ליואיי געני געני לידק לידק ליואיי

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Hope Has a Home."



Abraham J. Twerski, M.D. Founder and Medical Director Emi

#### January 24, '10

Although it is my policy not to give endorsements, I must make an exception in the case of the Guard Your Eyes website.

I doubt that at any time in our history has there been as grave a threat to the morality of our people and to the stability of the Jewish family as the plague of addiction to internet pornography. I vaguely recall reading that before the Ultimate Redemption, Hashem will remove all restraints from the Satan, and I think that the plague of addiction to pornography is the fulfillment of this prediction.

If it were possible to restrict access to the internet, this would be ideal. Unfortunately, this cannot be achieved, and we must deal with reality.

There is no immunity to this problem. It has affected young and old, men and women, and even learned and otherwise Torah-observant people, who have been trapped in the addiction.

I try to contribute to this website, because it is virtually the only effective method available. I am aware of a number of cases who were rescued from this destructive addiction by this website, which provides support and guidance.

The "Guard Your Eyes" website is saving lives and families. Much more can be done to extend this invaluable program, but support is necessary to allow its continuing function and expansion. Supporting this life-saving cause is a great mitzvah.

Sincerely.

ruler aver -

Rabbi Abraham J. Twerski, MD Founder, Medical Director Emeritus





B"H

January 2011 / Shvat 5771

## A Letter from the Trustees of the Guard Your Eyes Organization

Dear Friends,

Over the last few months we have become acquainted with the very important and critical work being done by the Guard Your Eyes organization (www.guardyoureyes.org). This organization has been relatively unknown until recently, but with the expansion of its efforts and proven success, it is becoming known throughout the Jewish world today as a critical resource for dealing with the growing problem of pornographic addiction and related behaviors in our communities.

Fueled mainly by the accessibility and anonymity of the Internet, this affliction has spared no class of Jews: from teenagers to kollel members, from office workers to Rabbis, and from single to married men. Many of the social ills afflicting the Jewish community today such as youth-at-risk, broken marriages and even child abuse and molestation can be traced back to this issue. Much of the Jewish community's investment and efforts in education today are being undermined by the strong-pull of these temptations.

The Guard Your Eyes organization has undertaken to stem this tide by utilizing methods which have proved successful in treating other addictions. They have successfully helped wean over a thousand Jews from these destructive behaviors and have helped return them to normal life. Guard Your Eyes also performs a vital function in preventing the spread of this scourge by raising public awareness of its dangers and by offering effective preventive measures to the general Jewish public.

The materials and tools that this program utilizes have been praised by Gedolim and experts alike for their methodology and approach, and they conform to the highest standards of Torah values.

We believe this project is critical to the hatzlacha of the Kedusha of Klal Yisrael and is the only weapon we have at our disposal in dealing with this widespread problem. It is an international project, which can help thousands of Jews across the world and all across the religious spectrum.

We strongly urge you to join us in helping support the wonderful work being done by Guard Your Eyes.



Gedaliah Weinberger

Tovia Schottenstein

Rabbi Berel Wein

Shmuel Yossef Reider

Avraham Wolfson

Moshe achman Auerbach

Guard Your Eyes Organization (Legal Name: GYE Corp.), Tax ID #27-1505885 3918 Fallstaff Rd, Baltimore, MD 21215 / E-Mail: eyes.guard@gmail.com / Office: 646-6008100 GYE is a recognized 501(c)(3) organization and donations are tax deductible. אדר א' תשע"א February 2011



Dear Menahalim and Mechanchim,

At a meeting of the Vaad Roshei Yeshiva of Torah Umesorah, a presentation was delivered by an organization called Guard Your Eyes. We are writing to you based on the Vaad's הסכמה and recommendation.

The Guard Your Eyes (GYE) organization specializes in the treatment and prevention of obstacles facing today's morality. GYE was founded three years ago with the help of Rabbi Dr. Avraham Twersky. They have since assisted approximately 1,000 Jews in breaking free from addictions to inappropriate material on the internet and other related activities. GYE is also offering practical solutions and help to our schools as well.

Torah Umesorah is therefore recommending to you the following GYE resources, to help meet the challenges encountered in our homes and schools:

- 1) The new GYE support Hotline Manned by trained professionals to serve our schools and communities, this hotline is ideal for mechanchim and parents: 646-600-8100. Please make the number available to those who might make use of it.
- 2) **GYE Prevention Tips for Parents** Awareness, tips and practical advice on dealing with digital dangers in today's world. You may wish to publicize this pamphlet to your parent body.
- 3) The GYE Handbook An invaluable resource to be used when encountering talmidim who are struggling with areas of קדושה וטהרה. We encourage the schools to make the "GYE Handbook" available to every Menahel and/or Rebbe.

Those receiving this letter via email, please find the attached "Prevention Tips for Parents" and the "GYE Handbook" for easy printing. Those receiving this letter via fax, you may request that these documents be sent to you via email by writing to <u>info@torah-umesorah.org</u>

PLEASE NOTE: The GYE material is not meant for children. It is intended only for mechanchim and parents.

May your efforts bring us to the fulfillment of והתקדשתם והייתם קדושים.

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Rav Avrohom C. Levin Yoshev Rosh, Vaad Roshei Yeshiva

Rabbi Dovid Nojowitz Menahel

# הרב דוב בערל וויין 92262 שדרות בן מימון 15, ירושלים

3 Adar I 5771 7 February 2011

Our current general society is unfortunately afflicted with many types of addictive behavior. We are all aware that there are many organizations and specialists that treat these types of addictions. Due to the rise of the computer and the internet the ability to view pornography has created an addiction to such viewing. In the Jewish world, which is in no way immune from any of the problems that beset all human society, addiction to pornography is a problem that has had tragic consequences for many individuals and their families. As such the organization, Guard Your Eyes – an organization developed to treat such an addiction amongst the Jewish society – has an important role to fulfill in Jewish home life. Its methods of countering this addiction have proven to be effective and successful and long lasting.

Because of all of the above I encourage all to help support this organization and to allow it to continue and expand its necessary service within our own society. I know personally the persons involved in the work of this organization and I can attest to their skills in this area and their devotion to the cause of the sanctity of Jewish family life. Any help and support extended to this organization will be most appreciated.

With Torah greetings, I remain,

Berel Wein

Rav, Beit Knesset HaNassi, Jeruaslem Director, Destiny Foundation Harav Binyumin Eisenberger

Cong. Heichal Hatfilah 1448 56th Street Brooklyn, New York 11219 בניפין א. אייזענבערגער

רב דק"ק היכל התפילה ברוקלין טיי

Niewy

לכניה והיה לכשי ויהיה כל קית ישרא יואק הא חקרת "שחור א היינים שירי"

ארק שיק הרשת צבור התשיה אהן.

Rabbi Simcha Feuerman, LCSW-R 147-32 69<sup>th</sup> Road 1262 46<sup>th</sup> Street Kew Gardens Hills, NY 11367 Brooklyn, NY 11219 (718) 793-1376 Simcha\_Chaya@excite.com

Dear Friends,

The Gemara in Kiddushin (30b) tells us, "The desire to commit sin overpowers a person on a daily basis, and if not for divine assistance it would be insurmountable." This idea is echoed by "Step 2" of the Twelve Steps which states, "We came to believe that a Power greater than ourselves could restore us to sanity."

For individuals suffering from various forms of compulsive sexual behavior and/or internet addictions, Guard Your Eyes serves as an important source of support, guidance and strength. They use methods, features, services and tools that are uniquely adapted to the many different levels of the struggle / addiction including live and phone-based 12 Step groups.

On their website and forums, you will see the variety of clients they serve, and their balanced and sensitive approach in helping people who express a desire to live in accordance with halachic and Torah principles.

Sincerely,

Sinch Ferm

Rabbi Simcha Feuerman, LCSW

Rabbi Feuerman is the President of Nefesh -International Network of Orthodox Mental Health Professionals

stoi Y. Y. Rosene 30 Ashel Lane Monsey, N.Y. 10952 Tel. 914 356-7934 845



ב״ה

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העני קצה אהוקוא שהמוסר שמזר געיך שיעארט. שמסרתם איצור אשנשים שלא יפלו קרשת האינטארנטל. וכן אשותן שכקר נפזו קישת האינטארניל ערקר ארוקין קו קחלק הראשין האיך טהוציאן מצה. ונקר אברו אשנסים הרקה שותומ. וידם באולה איצור שנה זברה זברה והכל היא קציום שול.

והוא אינסד על דרך התורה להרדות קדושה אינקי והוא אינסד על דרך התורה להרדות קדושה אישיאל, וראיתי בצולותיהן שהא צושיק נשם שאיק ורואיק הרדה סיצתה דשאיא דבצולותיהן

ליאיך אתנה אישר השינטארנט שאנאר אויהן ודסר יזאן האיך אתנה אויהן אישר השינטארנט שאנאר נשאות ארטור אישר האין החא איין אתנה הישר השינטארנט שאנאר נשאות ישרשון רחי אשנה רדה הישו לני האיין איוסד הני שיוכאו אראיף ד באיאותיה הזורים כי ההוצאות זוין איון רד, אזנר אנסת אזנו ארבה איבדו בקריבה ושרר, איקב רא הטואשר ועצנה איבדו בקריבה ושרר, איקב רא געור אושר אואר אותנן אושר