

DROWNING IN THE INTERNET? CAUGHT IN THE DARK SIDE?

"Guard Your Eyes is the only weapon we have."

- Harav Hagaon Aharon Feldman & Rabbi Dr. Abraham J. Twerski

Guard Your Eyes provides:

- ★ Vibrant anonymous network of support.
- ★ Websites, forums, handbooks, 12-step phone conferences & live groups, daily chizuk e-mails, support hotline, therapists.
- ★ Recovery programs for all levels of struggle/addiction.
- ★ Resources for spouses of addicts.
- ★ Prevention and filter services.

**You are not alone,
we are here for you.**

www.GuardYourEyes.org

Tools for breaking free

E-Mail: gye.help@gmail.com Hotline: (646) 600-8100

Thousands
helped
successfully!

All services are provided free of charge. All anonymous.