

Age-appropriate scripts about pornography for kids under 5

WHAT PORN IS

Sometimes you might find private pictures or movies of adults doing private things together, they may be naked and it may look like they are hurting each other.

WHY PORN IS BAD

It's not good for kids brains to see these sorts of pictures and movies.

This is stuff for grown ups only.

It might scare you and make you feel funny (uncomfortable, embarrassed, sick, gross, weird or even excited).

WHAT TO DO IF YOU SEE PORN

1. Switch it off or turn away
2. Tell me or an adult that you trust straight away (mum or dad or someone who you know it is safe to talk to about anything)

Remind child that they won't get into trouble!



Age-appropriate scripts about pornography for kids 6-11

WHAT PORN IS

Start with...

Sometimes you might find private pictures or movies of adults doing private things together ie having sex & doing other sex things with each other.

They may have no clothes on and you can see their private parts (penis, breasts, vulva).

Sometimes they might look like they are hurting each other, which is not okay.

We call this porn or pornography.

Extra information to add as your child gets older...

- Porn sex is sex but with actors who are paid to have sex with each other.
- Porn is not real everyday sex - it is someones fantasy about what sex could be.
- What you see in porn sex is not how people in a loving relationship treat each other.
- Sex is nice and feels good when grownups do it with someone they love.
- Sex is something that grownups do - it is not for kids!
- It is normal for kids to want to learn more about sex as they get older.
- Looking at sex on the internet is not a good way for kids to learn about sex.
- Some kids will look at porn because they are curious or find it exciting.



WHY PORN IS BAD

Start with...

Porn is not for kids because their mind is still growing and isn't ready to see that sort of grown up stuff.

It can be scary and confusing for kids when they see porn.

Our family rule is that we don't look at porn.

Extra information to add as your child gets older...

- Porn is not good for kids because their body and mind isn't yet ready for sex. Kids aren't ready for sex until they are grown up ie after they have been through puberty and their body is producing hormones. Hormones contain chemical messages which are carried in the blood. They turn your body into that of an adult and help you start having sexy feelings (this is when you think about love, sex and relationships a lot).
- If you see porn before your body and mind is ready, it is dangerous. It is a bit like trying to drive a car when you are a kid - you don't know how to drive, what the rules are and what you are supposed to be doing. Kids just aren't ready for that.
- It might give you nightmares and make you feel funny (uncomfortable, embarrassed, sick, gross, weird or even excited).
- Sometimes you can't stop thinking about what you have seen, which can be scary or confusing .
- Some people can get 'hooked' on porn. They think that if you watch porn, that over time that you will want to watch it more and more or watch stuff that is even more violent each time. This is not good for kids brains, as they are still developing (growing) & can change the way that you think.
- It is not your fault if you find porn (private pictures or movies) and you won't get in trouble.

WHERE YOU MIGHT FIND PORN

You might find it on...

- Computers
- Phones
- TV
- Tablets and other small hand held devices
- Sometimes even in books

Extra information to add...

- You might be using someone else's computer or device.
- You might misspell a word while searching the internet.
- You might see an interesting image pop up whilst watching a video on YouTube.
- You might accidentally find a private image or movie when you are looking for something else.
- You might find it in a cartoon or a minecraft or lego video.
- Someone might even send you private pictures on your phone or through social media.
- There are people out there who like to shock children by showing them private pictures or movies. It could be other children, teenagers or adults or someone in your family who shows it to you.
- You can even find it in some video games.
- There are always new ways for finding private pictures and movies.
- It is harder to avoid porn than it is to find it. Usually, it will find you.
- It is against the law for kids to see these kinds of pictures or movies.

WHAT TO DO IF YOU SEE PORN

1

Switch off the computer, get off the website or turn away from the screen.

2

Come and tell me or an adult that you trust straight away .

(mum or dad or someone who you know it is safe to talk to about anything)

3

You won't be in trouble.

I need to make sure that you are okay and that we can stop it from happening again.

Explore 'what if's...'

- What can you do if you see porn on the internet?
- What will you do if someone shows you porn? What could you say? Who could you tell? What if they told you it was a secret?
- What would you do if your friend keeps on wanting to look at porn with you?
- What is a better way to learn about sex?