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בס"ד
September 26, 2016
כ"ג אלול תשע"ו

Dear Friend:

There is a very special campaign going on for an important cause in which I am personally involved. I would like to ask you to please take a share in it.

The campaign is to help fight an international scourge which is attacking the Jewish People. Fueled mainly by the accessibility and the anonymity of the Internet, this scourge threatens to tear apart the fabric of Jewish life and undermine one of its major foundations, that of moral restraint (קדושה).

It involves the fact that countless individuals have fallen into viewing pornography and other related behaviors and many developed addictions for these. Thousands of lives and marriages have already been ruined because of these relentless temptations. No class of Jews has been spared: from teenagers to adults, from office workers to kollel members, and from single to married men.

The organization Guard Your Eyes, with which I have been personally involved for many years, has undertaken to deal with this unique challenge of our generation, and has been extremely effective. As Rosh Yeshiva, people come to me all the time with these issues, and I usually send them to Guard Your Eyes and have watched with great satisfaction how they were able to turn their lives around.

Guard Your Eyes is the only weapon we have today at our disposal in dealing with this widespread problem. Their work is critical for the protection of the sanctity of the Jewish People. They provide counseling, mentoring and innovative withdrawal programs for those afflicted by this malady.

All their work is done on a meager budget and with a great deal of self-sacrifice. Their services are all free-of-charge so that they don't risk turning away anyone who needs help.

Please open your hearts and give generously to help them continue their holy work. It is a great mitzvah and zechus to support them.

May HKBH grant us all a טובה וחתימה טובה, and may we be zoche to become the nation regarding whom it is written, והתקדשתם והייתם קדושים.

Sincerely,



Rabbi Aharon Feldman



Abraham J. Twerski, M.D.
Founder and Medical Director Emeritus

September 26, 2016 / 23 Elul 5776

Dear Friend,

I believe that in our generation, the single greatest danger to Klal Yisrael is that of immorality. The plague of illicit material on the internet has affected the type of people we would never have suspected vulnerable: yeshiva bachurim, kollel yungeleit and shomrei mitzvos lemehadrin. The Satan has won a battle, hurting so many individuals and families.

But in every generation, G-d in his kindness, sends down someone to sustain Judaism such as the Baal Shem Tov with Chassidus, Rabbi Yisrael Salanter with the Mussar movement and the Chofetz Chaim with Shmiras Halashon. We are extremely fortunate that several dedicated people have developed a network to help Jews who are caught in this trap: **GuardYourEyes.com**. It's one of my absolute favorite organizations and I have been involved with them in many ways since their founding (in 2007).

In my 40 years of psychiatric experience I can testify that traditional psychiatry and psychology are not effective on their own. GuardYourEyes provides a variety of anonymous tools, counseling and support for affected people, allowing thousands of Jews to get help. I get an average of five calls a week about this issue, and before GuardYourEyes was around I didn't have where to send people. Their success rate is phenomenal. I am personally aware of many, many people that have been saved.

The GuardYourEyes project is extremely important for Klal Yisrael today - it is truly a **pikuach nefesh**. Please open your hearts and give generously to help them continue their holy work. All of their services are free of charge and it's a great mitzvah to support them.

Right now, during the days of repentance, **your support means more than ever**.

May you be inscribed in the book of life.

Sincerely,



Rabbi Abraham J. Twerski, MD